

## **Enrichment Offer**

2025-26

Academic

Creative

Physical

In a Class of Our Own

We are delighted to present to you the Bristnall Hall Academy enrichment offer 2025-26, an exciting opportunity for your child to engage in a diverse range of activities beyond the curriculum. We believe that a strong co-curricular experience is essential for nurturing the unique talents, interests, and aspirations of each individual. Engaging in a range of activities beyond the classroom not only promotes personal development but also equips students with essential life skills that are highly valued in the modern world.

All enrichment clubs are split into three categories: Academic, Creative and Physical. We hope all pupils engage with our offer and encourage pupils to pick a minimum of one club from a different category each term.

**Academic:** This offers a chance for your child to explore an academic subject in more depth and breadth than the taught curriculum. It encourages intellectual curiosity, critical thinking, and a deeper understanding of the subject.

**Creative:** This is an open-ended opportunity for your child to explore a wide range of activities, such as the arts, technology, debate and more. This allows them to discover new passions and gain a broader perspective on their abilities, engaging their imagination, design and performance skills.

**Physical:** Fitness and a healthy lifestyle are crucial for the overall well-being of our students. These clubs focus on enhancing teamwork and leadership skills, and fostering a spirit of sportsmanship as well as supporting our student's mental wellbeing.

To reward high attendance to these opportunities the **Enrichment Diploma** is an annual award given to any pupil who attends a minimum of one club in each of the three categories across the academic year. It is an award which is designed to encourage pupils to sign-up and experience clubs that you may never have tried before. Whilst we still want pupils to sign-up for clubs that they are passionate about, we also want to encourage pupils to broaden their horizons and try something new. The Enrichment Diploma requires resilience and dedication to meet showing a commitment to our academy enrichment program. The reward for successful completion will be whole school recognition via your BHA enrichment diploma badge and a reward day off timetable for a trip to a theme park in September the following academic year.

This guide has been designed to assist your child in selecting their enrichment choices for the upcoming term. Any help or further guidance needed please don't hesitate to get in touch Kind regards,

Mr L Smith
Assistant Principal for Personal Development

## **Contents**

Academic	Page Numbe
Beyond the Books Reading Club	4
Chess Club	
Debate Mate	
Geography Club	7
Latin club (New Co Hort Year 1 and Legacy Cohort)	
Russian Language Club for Beginners	
Science Club Lab 49	
Sparx Maths Club	
Creative	
Act Up! Drama Club	13
Board Game Club	14
Digital Skills Club	15
Dungeons and Dragons Club	16
Graphics Club	
Hooked on Bristnall Crochet Club	18
Music Clubs: Rock Band/ Keyboard Club/ Vocal Group	
Scene Stealers Film Club	
Taskmaster	
The Hook and Pen Society	22
The Rep Theatre Performing Arts Club	23
Ultimate Uno	24
Physical	
Sports Clubs:	25.26
Football/Basketball/ Netball/ Table Tennis / Trampolining	
Dance clubs	27

#### Beyond the Books Reading Club



#### Summary

Students will have the opportunity to read a wide range of fiction and non-fiction texts alongside engaging with Sparx Reader. Students will also have the chance to take part in bookmark competitions, books collections for local community and visits to local libraries such as Bleakhouse.

What Knowledge / Skills Will I Gain? Students will be able to develop and demonstrate their reading skills, be able to build on vocab and consolidate understanding of wider genres.

#### **Termly Overview**

Week	Content
1	School bookmark competition (creative)
2	Begin introducing the book and begin reading.
3	Quiz on what we have read so far and continue reading.
4	Sparx Reader and reading.
5	Begin creating posters for book collection.
6	Read novel/introduce non-fiction
7	A reading marketplace-students to pitch their favourite books to others
8	Reading novel-Sparx reader
9	Bleakhouse trip
10	Reading
11	Reading
12	Finish novel and write a book review

#### How Does it Link to Future Careers?

Students will become stronger and confident readers with improved oracy skills to help with many future careers.

#### **Chess Club**



#### **Summary**

Chess is a board game for two players. It is played on a square board, made up of 64 smaller squares. Each player starts with 16 pieces: 8 pawns, 2 knights, 2 bishops, 2 rooks, 1 queen and 1 king. Each piece can travel across the board in different ways which impacts their power and importance to your strategy. The goal of the game is for each player to try and checkmate the king of the opponent. Checkmate is a threat ('check') to the opposing king which no move can stop. It ends the game.

#### What Knowledge / Skills Will I Gain?

Problem solving, strategic thinking, the ability to thinking ahead and plan.

#### **Termly Overview**

Week	Content
1	Games can last a week or several weeks and we have groups who
2	are beginners and groups who are experienced so all are welcome.
3	
4	We have several chess masters ready to explain the rules and get
5	newcomers engaged and feeling welcome. From the basic moves of
6	each chess piece to thinking more strategically regards attacks on
7	key pieces, each person should see their skill set grow and see a
8	progression in their play.
9	progression in their play.
10	Guest staff will also drop in to take on new challengers.
11	duest stair will also drop in to take on new challengers.
12	

#### How Does it Link to Future Careers?

The ability to think through problems and be analytical is needed in a wide range of careers including computer programmers, data analysts, accountants, engineers, chemists and project managers to name but a few.

#### **Debate Mate**

## Academic

Summary: In debating, students will work in groups to develop detailed arguments on topics they feel passionate about through structured discussions, honing their debating abilities in a supportive environment. Debate Mate is a full academic year programme which offers a structured curriculum that is run by an external provider and supported by the school. In Debate Mate students are taught how to become effective orators and persuasive speakers through the use of ancient and modern methods of public speaking. Students practice how to defend their points of view and to persuade the audience that their position is the right one. Debate Mate offers students the opportunity to attend competitions at other schools and universities in which they take part in debate battles as part of a team.

What knowledge or skills will I gain? Public speaking, confidence, academic vocabulary, how to build a persuasive argument, working in a team, leadership, listening, flexible thinking.

#### **Termly Overview**

Week	Content
1	Introduction to Debate Mate and ice breaker.
2	How to become a successful debater.
3	Rules of formal debate.
4	What is Point of Information?
5	Learning how to use POI successfully.
6	The role of the summary speaker.
7	How to summarise a debate effectively.
8	Mini competition- 1 predetermined topic 1 unknown topic
9	Debate Mate Launch (Online/Trip)
10	University mentors start visits. Training for Round 1 competition begins.
11	
12	

#### How Does it Link to Future Careers?

Debating hones skills vital for various careers, including law, politics, public speaking, and business, by nurturing critical thinking, communication, persuasion, and confident expression.



#### **Geography Club**



#### **Summary**

Geography club develops both our geographical knowledge and skills. The term is broken down into small chunks, allowing for a range of contemporary themes to be explored. Through this, we will develop a geographical curiosity about the world we live in.

What Knowledge / Skills Will I Gain? We will develop a deeper understanding of the core geographical themes of location, place, space and sustainability. The sessions will involve both research and practical elements, alongside independent and group working.

#### **Termly Overview**

Week	Content
1	Why do we use maps?
2	How can we use OS maps to explore our local area?
3	What does it mean to be sustainable?
4	How can LICs be sustainable?
5	What are microclimates?
6	How does Bristnall Hall Academy create a microclimate?
7	What geography is in the news?
8	How can we tackle global issues?
9	Do we all see the world the same?
10	How can we address misconceptions?
11 & 12	What's going on in the world?

#### How Does it Link to Future Careers?

Education, research, teamworking skills, journalism, sustainability, environmental science, government, law/legal services, IT. The research and analytical skills you develop will aid your further education (e.g. university) and careers. Geography underpins the core processes of our planet. Sustainability and environmental conservation are increasingly important career paths as we move towards a net-zero future.

#### Latin Club – New cohort and legacy cohort

### Academic

Summary Latin club will offer students the opportunity to understand and translate text, complete research, as well as gain an understanding of how Latin greatly influences our lives and language today. Students will take a look at Roman life over the years and will have the opportunity to take part in educational trips and competitions such as the Fable competition (short stories).

What Knowledge / Skills Will I Gain? Latin club will improve teamwork skills, translating skills, thinking skills, better understanding of language skills. Latin has been linked to improving Maths abilities, English abilities, History & Geography.

#### **Termly Overview**

Week	Content
1	Each week students will work through Book 1 Roman Civilisation looking
2	at the following topics:
3	Chapter 1 – Amphitheatre & Gladiators
4	Chapter 2 – Roman Education
5	<ul> <li>Chapter 3 – Fables &amp; Slavery</li> </ul>
6	Chapter 4 – Roman Theatre
7	<ul> <li>Chapter 5 – Roman Dinner Parties</li> </ul>
8	Chapter 6 – Cleopatra & Augustus
9	Year 2 students will continue to work through Book 1 then will move on
10	to Book 2 – Roman Civilisation looking at the following topics:
11	<ul> <li>Chapter 1 – Italy &amp; Sicily: Ulyssess' Wondering</li> </ul>
12	<ul> <li>Chapter 2 – Carthage: Dido &amp; Aeneas</li> </ul>
	<ul> <li>Chapter 3 – Africa: Roman Urbanisation</li> </ul>
	Chapter 4 – Roman Egypt
	<ul> <li>Chapter 5 – Aethiopia &amp; the Red Sea: Rome Beyond Egypt</li> </ul>
	Chapter 6 – Ulyssess' Homecoming

#### How Does it Link to Future Careers?

Latin links to many careers, such as law, medicine, philosophy, science and many others use Latin language and ideas.

#### Russian Language Club For Beginners

### Academic

Summary The BHA Russian Club offers students the chance to explore the Russian language and culture in an engaging and accessible way. Through weekly sessions, students will learn to read and write in the Cyrillic alphabet, build core vocabulary, and begin forming simple sentences. Alongside language learning, the club introduces students to key aspects of Russian history, literature, and culture, providing a well-rounded enrichment experience.

#### What Knowledge / Skills Will I Gain?

#### Students will:

- Develop foundational knowledge of Russian, including the alphabet, vocabulary, and introductory grammar.
- Build confidence in speaking, listening, reading, and writing through practical activities.
- Gain cultural awareness by exploring Russian traditions, history, and literature.
- Strengthen cognitive skills such as problem-solving, memory, and pattern recognition through language study.
- Enhance transferable skills, including communication, curiosity, and global awareness.

#### **Termly Overview**

Week	Content
1 - 6	Learning the Russian (Cyrillic) alphabet: - 4-6 new letters per week - Handwriting practice on whiteboards and exercise sheets - First vocabulary, including: Classroom items, days of the week, numbers, place names
7 - 8	Обо мне (About me)  - Giving my name  - Giving my age  - Saying if I have brothers or sisters  - Saying where I live  Grammar:  - Nominative and prepositional cases  Cultural knowledge:

	- Красная площадь (Red Square)
9 - 10	Моя семья (My family)
	- Describing my family in more detail
	- Describing people in the third person singular (he/she is)
	Grammar:
	- Accusative, genitive, dative cases (pronouns only)
	- Possessive pronouns
	- Noun gender
	Cultural knowledge:
	- Alexander Pushkin (poet – the father of Russian literature)
11 - 12	Что я люблю (What I love)
	- Describing interests (I love, he/she loves, we love)
	Grammar:
	- Present tense verb любить (to love)
	- Accusative case
	- Describing age (continued)
	Cultural knowledge:
	- Октябрьская революция (The October Revolution)

#### How Does it Link to Future Careers?

Learning Russian opens doors to a wide range of future opportunities. Russian is:

- a major world language, spoken by over 250 million people across multiple countries in Eastern Europe and Central Asia,
- a strategic language in business, politics, science, and international relations,
- and an official language of the UN and other international organisations.

Skills gained through this club can support future careers in:

- International business and trade
- Diplomacy and government service (including the intelligence services e.g. MI5, GCHQ)
- Translation and interpreting
- Journalism and media
- Academia and research
- Travel, tourism, and cultural exchange
- Space exploration all astronauts aboard the ISS have to learn Russian!

In addition, the cognitive and communication skills developed through learning a new language are highly valued by employers across all fields. What's more, learning Russian could give you a head start in learning other Slavic languages, such as Polish or Czech.

#### Science club Lab 49



#### Summary

By attending science club you will gain hands-on experience through participating in a number of experiments and activities that can boost your practical skills and prepare you for future academic and career opportunities.

What Knowledge / Skills Will I Gain? Science club will boost problem-solving skills, critical thinking abilities, teamwork, creativity, and a deeper understanding of science related subjects.

#### **Termly Overview**

Week	Content – Real World Wizadry
1	Muggle stuff & measuring madness
2	Potions: One drop colour change
3	Herbology: Distilling essential oils
4	Alchemy: Turning silver to gold
5	Invisibility cloak: Now you see it
6	Levitation: Levitating pencil
7	Apparition: Making a spectroscope
8	Charms: Flowers and flight
9	Care of magical creatures: Snakes and isopods
10	O.W.L.'s: Crest Discovery Award Passport and Student Choice
11	Staff Favourite: Making Cheese
12	Staff Favourite: Circuits

#### How Does it Link to Future Careers?

Science links to many careers such as medicine, aerospace engineering, environmental scientist, forensic scientist, nursing and midwifery.

#### **SPARX Maths Club**

## Academic

Summary – SPARX Club is a place where students can attempt and complete their SPARX homework. It will enable students to ask questions, so they have a better understanding of the mathematics within the homework.

SPARX Club is for anyone wanting to have a place where they able complete their homework with aid and support.

#### What Knowledge / Skills Will I Gain?

The skills that will be gained within SPARX Club are confidence in the subject of mathematics as well as the confidence to ask questions. Problem solving and how to think like a mathematician are another two skill that will be gained throughout. Creativity to solve mathematical problems by thinking outside the box.

#### **Termly Overview**

Week	Content
1	
2	Each week you can complete your new SPARX homework in a space
3	where you can ask questions about the topic if you are unsure of the
4	correct method to use and get teacher support.
5	See your XP score increase and climb the BHA arcade leader board for
6	prizes.
7	
8	
9	
10	
11	
12	

#### How Does it Link to Future Careers?

Mathematics is everywhere in life, and it has been applied in many ways. SPARX Club will allow you to problem solve in later life. In a that is logical and allow you to articulate the mathematical reasoning to your decision making.



#### **Summary**

The opportunity to learn the basics of drama and work to create a final filmed piece (trailer).

#### What Knowledge / Skills Will I Gain?

Learn the core skills of drama; physicality, voice, blocking and staging, acting vs reacting.

It will enable students the opportunity to build confidence and comfortability working with peers as well as offer a different outlet to express themselves creatively.

#### **Termly Overview**

Week	Content
1-2	Introducing basic drama terminology and practice
3-5	Develop key skills and plan the trailer
6-8	Finalise ideas and rehearse the trailer
9-14	Work with Scene Stealers to film and produce the final trailer

#### How does it link to Future Careers?

It will lead to opportunity to harness and enhance skills which could later support future careers in the arts, media, education, law and beyond.

Careers specifically linked to drama can include: Actor, Theatre Director, Stage Manager, Playwright, Costume Designer, Producer, Casting Director, Prop Manager.

#### Board games club



#### Summary

The board game club is for pupils between year 7 and 10. It is designed to enhance student's cognitive, language and social development in a fun and engaging environment.

#### What Knowledge / Skills Will I Gain?

Through a variety of different strategies; word based and cooperative board games; pupils will improve their critical thinking, problem solving and decision-making skills. Additionally, the club will encourage teamwork, social interaction, empathy, build friendships and boost confidence.

#### **Termly Overview**

Week	Content
1	
2	Each week a range of board games will be available to play.
3	Time will be spent on learning the rules and developing healthy competition
4	between pupils.
5	As weeks progress the complexity of board games will increase and some
6	games may well span over multiple weeks to find the winner.
7	
8	
9	
10	
11	
12	

#### How Does it Link to Future Careers?

The ability to think through problems and be analytical is needed in a wide range of careers including computer programmers, data analysts, accountants, engineers, chemists and project managers to name but a few.

#### **Digital Skills**

## Creative

#### **Summary**

Digital Skills uses an online web-based software called Canva to teach students about different aspects of content creation such as video editing, logo design, presentations to name just a few.

What Knowledge / Skills Will I Gain? By the end of the 12 weeks, students will have gained skills in both Canva's graphic design and video editing features, ready to create a variety of media content.

#### Course Focus:

- Creativity and design application.
- Effective use of Canva tools, including video editing.
- Visual and multimedia communication skills.

#### **Termly Overview**

Week	Content
1	Introduction to Canva: Learn Canva's interface and basic design principles.
2	Customising Templates: Personalise Canva templates.
3	Typography Basics: Understand fonts and text placement.
4	Colour Theory: Learn how to use colours effectively.
5	Working with Images: Learn how to upload and edit images.
6	Layout and Composition: Understand layout and alignment.
7	Social Media Design: Learn to create social media posts.
8	Branding Basics: Understand brand consistency.
9	Infographics: Visualise data using infographics.
10	Video Editing in Canva (Part 1)
	Objective: Learn the basics of Canva's video editing features.
11	Video Editing in Canva (Part 2)
	Objective: Add advanced features to video projects.
12	Final Project: Apply learned skills in a final project (including video).

#### How Does it Link to Future Careers?

Skills can be used to help with vocational and further education, roles that involve social media, marketing, content creation. Very useful for entrepreneurs wanting to start their own business who may have little to no budget for marketing.

#### **Dungeons and Dragons**



#### Summary

It is a cooperative, storytelling game where you and other players take on the roles of different characters within a story. As you play, your character will make friends and enemies, fight monsters, discover loot, and complete quests. But while the goal of many games is to score the most points or win, the ultimate goal of D&D is to tell a story.

What Knowledge / Skills Will I Gain? Communication with others, turn taking, using imagination, maths skills and lateral thinking.

#### **Termly Overview**

Week	Content
1	
2	
3	Games can last a week or several weeks and we have groups who
4	are beginners and groups who are experienced so all are welcome.  We have several D&D masters ready to explain the rules and get newcomers engaged and feeling welcome.
5	
6	
7	
8	
9	
10	
11	
12	

#### How Does it Link to Future Careers?

Critical thinking, debating, engaging with others and thinking for themselves.

#### **Graphics** Club



#### **Summary**

Students will create a concept for an app and create the interface screens (home page, menu, and 1–2 feature pages) in Adobe Illustrator for their own app concept.

What Knowledge / Skills Will I Gain? Pupils will be working with an industry experienced teacher to help develop confidence with Adobe Illustrator. They will understand the principles of interface design (clarity, usability, visual hierarchy) and design an app idea that has meaning to themselves - eg (wellness, gaming, service, social impact, etc.). They will also create a small portfolio piece that could be presented or pitched to industry.

#### **Termly Overview**

Week	Content
1	Introduction to the Project
2	Exploring App Ideas & Purpose
3	Introduction to using Adobe Illustrator – looking at the interface and tools
4	Colour & Typography in app Design
5	Layout & Interface Principles of app design
6	Design Home Screen Design using Adobe Illustrator
7	Design Navigation & Menu Page using Adobe Illustrator
8	Design Feature Page 1 using Adobe Illustrator
9	Feature Page 2 using Adobe Illustrator
10	Refinement & Consistency
11	Mock Presentation Prep
12	Showcase & Reflection

#### How Does it Link to Future Careers?

This club will support careers in graphic design, web and app design and business entrepreneurship.

#### Hooked on Bristnall Crochet Club



Summary Students will learn the necessary skills to create beautiful crochet items. As they grow in confidence, they will develop the skill to create more complex creations.

What Knowledge / Skills Will I Gain? Students will learn different stitches, which when put together will enable them to create different items and to eventually follow a crochet pattern. This allows them to discover new passions and gain a broader perspective on their abilities, engaging their imagination, design and performance skills.

#### **Termly Overview**

Week	Content
1	How to use a crochet hook and handle yarn
2	How to make the foundation chain and a single crochet
3	How to create further stitches, including HDC, DC and Treble Crochet
4	Learn to combine stitches to create novelty items or wearable art!
5	Choose what to make from a selection of patterns
6	Continue to make chosen item
7	Continue to make chosen item (depending on chosen product, another pattern may be selected)
8	
9	Begin to look at thematic products – Halloween, Christmas, poppies etc
10	Using their new skills, students can choose what they would like to create.
11	
12	

#### How Does it Link to Future Careers?

Learning to crochet will help to develop your patience and commitment to a project and enhance project management skills. You will develop the tenacity to see a project through to its end and be rewarded by its success. Crochet also helps with dexterity, and fine motor skills.

There is a huge online presence of crocheters who have made a very successful career of producing beautiful garments, writing patterns and much more!

## Creative

#### **Music Clubs**

#### **Summary**

#### What Knowledge / Skills Will I Gain?

Vocal skills, musical proficiency, harmonisation, and performance techniques. Participants gain teamwork, discipline, confidence, and artistic expression through collaborative rehearsals and public presentations. Singing skills, performance skills, teamwork skills, timing skills, confidence, boost well being.

#### Content

#### **Rock Band**

Come and be the next musical legend with our new Music Rock Band. Learn to perform vocally or play instruments such as the Drums, Guitar, Bass and Keyboard to form an exciting ensemble! Learning the songs that YOU want to do!

#### **Keyboard Club**

Step into the rhythm and melody of our Keyboard club. Develop new music skills, teamwork in a fun and energetic environment.

#### Vocal group

Love singing? Then this is the club for you! Singing a range of exciting styles and songs that YOU choose. Great teamwork development and a great way to make new friends.

#### Year 10/11 performance practice

Do you take BTEC music and want a place to practice? Do you need any extra help with coursework? Our catch-up club gives you the chance to improve your performance and composition skills.

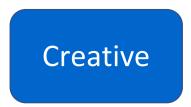
#### Music practice club

Come along and practice your favourite songs on your favourite instrument! Learn new skills and help others learn and develop. Make new friends, start new ensemble groups or get advice/help from the head of music. Come and practice your pieces for one of the future shows and really progress in the instrument of your choice.

#### How Does it Link to Future Careers?

Involvement in music clubs enhances vocal talents, musicality, and performance skills, preparing students for careers in music, entertainment, teaching, sound production, and arts administration.

#### Scene Stealers Filmmaker Club



#### **Summary**

The opportunity to learn the basics of film and get behind the camera to create film trailers.

#### What Knowledge / Skills Will I Gain?

Learn the language of film. Film, act, edit, or simply assist in the creation of film.

#### **Termly Overview**

Week	Content
1-2	Introducing film language
3-5	Begin practising film techniques
6-8	Plan trailer/storyboard
9-14	Film/edit sequences with Act Up club

#### How does it link to Future Careers?

Careers can include Broadcast presenter, Film director, Film/video editor, Television camera operator and Television production coordinator

#### Employers can include:

- large broadcasters such as the BBC, ITV, Channel 4, Sky
- film and TV streaming providers such as Amazon, Netflix and Disney
- cinemas
- independent production companies
- newspapers and specialist film magazines

# Creative (meets academic and physical)

#### TaskMaster Club

#### **Summary**

Based on the popular TV show TaskMaster, students will have the opportunity to complete challenges from the Task Master Education programme along with their peers each week. Each half term, students will engage with programme material, work as a team and independently, use quick and creative thinking and ultimately, have lots of fun trying to complete entertaining, thought-provoking challenges. The Taskmaster will set a task each week, show videos and resources from the enrichment programme and then judge the groups and their efforts to complete the tasks. Should students choose to engage with the club year long, they can still achieve their enrichment diploma due to the all-rounded nature of the club!

#### What Knowledge / Skills Will I Gain?

Public speaking/confidence - showing how you will complete each task in front of other groups. Teamwork/leadership/communication- compromising with other students to come up with creative and innovative ways to complete each task. Flexible thinking/problem solving/resilience- not always completing the task in the most obvious way to beat other teams.

#### **Termly Overview**

Week	Content
1 - 12	Each week, students will watch clips from the Task Master Education
	program, team up and best complete the tasks that are set. Each task
	will be unique, encompassing a variety of skills needed and being
	harnessed. Students will have the chance to show these efforts to the
	wider group and enjoy watching others do the same.
	Students will receive certificates for being in the winning team!

#### How Does it Link to Future Careers?

Students build on their problem solving and reasoning skills, readying them for future challenges

during their GCSEs, post-16 education and future careers. The same applies to team work and collaboration, both beneficial for students' futures. Finally, and most importantly, students get the chance to build up their self-confidence and self-esteem: different skills are used each week meaning that all students should be able to showcase their strengths and work on their weaknesses together in a light-hearted and amusing environment.



# Creative

#### The Hook and Pen Society

#### **Summary**

A blend of hands-on craft and mindful reflection in a cozy environment.

A chance to be creative in a calm and friendly space.

E.g. gratitude jars, coasters, book covers, bookmarks, journalling and much more.

What Knowledge / Skills Will I Gain? Learn how to crochet, incorporating various mindful activities. You will learn how to self express in a way that pleases the individual. You can either work alone to create independence or as part of a group to create a larger piece. Mindfulness is a great skill to cope with day to day life at school.

#### **Termly Overview**

Week	Content
1 -3	Get to grips with the basics of crochet/decide what mindful activity to
	commence with.
4 - 8	Create and combine ideas with the group

#### How Does it Link to Future Careers?

Being mindful helps us to remain focused at stressful times in our future careers and in life in general. Learning these coping strategies help us to cope and make the best choices. Learning how to crochet helps with dexterity, gives us resilience and makes us feel proud of what we accomplish.

#### The REP Theatre Performing Arts Club



#### **Summary**

Pupils will be working with professional staff from the Birmingham Rep Theatre Company to create high quality performances working with professional theatre-makers.

#### What Knowledge / Skills Will I Gain?

Pupils will get opportunities to develop their performance skills, learn how an exciting producing theatre works, and grow in confidence.

Young Rep aims to nurture and inspire the next generation of theatre-makers through staging new work, devising original pieces of theatre and performing established texts. It is an inclusive environment that welcomes children and young people from all backgrounds.

#### **Termly Overview**

Week	Content
1 - 12	Each week, students will take part in a range of drama workshops using different stimuli and will have the opportunity to construct their own original theatre pieces culminating in the opportunity to perform them live to an audience at the Birmingham Rep Theatre.

#### How Does it Link to Future Careers?

If you want to work as an actor or within the performing arts, employers can include:

- theatres including producing and receiving theatres, youth and community theatres
- film, television and radio companies
- marketing companies for promotional videos
- museums, heritage organisations, tour companies and theme park for role-playing and bringing to life certain attractions.

You can also find employment with a range of other employers who will value your skills. These include:

- local government
- arts organisations
- education institutions
- the National Health Service (NHS)

#### **Ultimate Uno**



#### Summary

Uno is a card-based game that can be played between 2-10 players. This makes it versatile so that it can suit small and larger groups of players. Uno is a game that can be adapted in numerous ways with the pickup cards and other special cards. This will be developed across the year, whilst playing the numerous different versions of the game that are available.

What Knowledge / Skills Will I Gain? Uno is a game that will use mathematical skills but also requires you to think tactically about how to try and win. This will promote pupils thinking skills, resilience and articulation skills.

#### **Termly Overview**

Week	Content
1	Introduction and rules of Uno
2	Uno, Uno Extreme and Harry Potter Uno
3	Guest player for pupils to compete against. (This could be a teacher or
	other member of staff)
4 till	New adaptations and versions of Uno will be added across the terms.
end	

#### How Does it Link to Future Careers?

Playing Uno can sharpen critical thinking and problem - solving skills, which are valuable in the workplace. The game requires players to analyse situations based on the hand of cards they have, which can enhance decision – making abilities.

#### **Sport Clubs**

## Physical

#### Summary

PE clubs are open to students of all abilities. The main aim is getting students playing and enjoying sport where they can further develop their love of the game. There is a strong emphasis on a games-based approach allowing students to attempt the skills which they have developed and acquired in lesson. For some students there will then be further opportunities to be selected for school teams and compete against other local schools in the Sandwell area and beyond. Through participation, this can help to promote lifelong learning and enjoyment of a range of sports.

What Knowledge / Skills Will I Gain? Students will build on and embed the physical skills learnt in lesson, to become more confident and apply them in competitive situations. They will further develop their positional and tactical understanding of the game through competitive play. In addition, they will develop a plethora of skills including teamwork, cooperation, and sportsmanship.

#### Content

#### Football:

Join football club to sharpen teamwork, improve communication, and develop strategic thinking. It will also help to build physical fitness, coordination, and sportsmanship while enjoying friendly competition and nurturing a love for the game.

#### Basketball:

In basketball club, students would develop teamwork, and decision-making abilities within conditioned games. Furthermore, they would develop endurance, spatial awareness, and effective communication, fostering camaraderie and sportsmanship among teammates.

#### Netball:

In netball club, students would refine agility, quick thinking, and teamwork. Moreover, they would enhance passing, shooting, and strategic positioning, building communication skills and forging strong bonds with fellow teammates.

#### Table Tennis:

At table tennis club, students would enhance quick reflexes, hand-eye coordination, and concentration. In addition, they would improve motor skills, precision, and sportsmanship, developing an appreciation for this fast-paced and tactical sport.

#### **Trampolining**

At trampolining club, students would enhance balance, coordination, and control through exploring different shapes/ landings and turns. They would also improve precision and control developing the aesthetics of the sport, whilst also developing communication skills when spotting and supporting others.

#### How Does it Link to Future Careers?

PE clubs are embedded with a culture of cooperation and teamwork where students can develop their confidence and communication skills. These are skills which students can then carry into adulthood and their future career aspirations.

Jobs in the world of sport include;

- Sports coach
- PE teacher
- Physiotherapist
- Performance analysist
- Nutritionist
- Sports journalist

#### **Dance Club**



#### Summary

Dance club allows students to engage in various dance styles, including contemporary, hip-hop, jazz, street dance, and more. Dance club also offers opportunities for students to showcase their talent and creativity. They can perform in the annual Dance Extravaganza show case and dance festivals allowing them to gain confidence and stage experience. Dance club nurtures students' passion for dance while providing them with a range of physical, social, and emotional benefits.

#### What Knowledge / Skills Will I Gain?

By joining the club, students can develop their skills, build meaningful connections, and experience the joy of dance. Students will gain the following:

**Personal excellence**- To develop physical literacy through a range of challenging dance styles and themes using physical, technical and expressive skills. To develop social skills including confidence through performance, collaborative work and to build resilience through challenging physical, practical work.

**Respect and Friendship-** To work collaboratively in group work and to be able to respectfully discuss ideas and opinions.

**Inspiration**- To be a part of creating exciting work, exploring different styles and a range of creative skills.

#### **Termly Overview**

Week	Content
1 - 12	Each week dance club consists of building physical, technical and expressive skills.
	Students will learn a variety of different styles and develop performance routines with
	a range of performance opportunities to showcase their hard work and skills built
	such as the Dance Extravaganza and the school musical production. Clubs can vary
	from learning short dances in different styles each week to learning a whole dance
	over a few weeks.

#### How Does it Link to Future Careers?

Jobs in the world of the Dance industry include;

- Dancer / Performer
- Choreographer
- Dance in the community Dance Teacher
- Dance in fitness Teacher / Personal Trainer