

PSHE / RSHE 2025-26

As a school, we believe in the importance of keeping all our students safe and supported in making appropriate personal decisions for themselves and any other specific school based values. Part of how we address this is through our PSHE curriculum and assembly rota. This curriculum is influenced by guidance issued by the student voice, the Department of Education, local and national data and the importance of safeguarding all our students.

Following the publication of the statutory guidance “Relationship Education, Relationship and Sex Education (RSE) and Health Education (February 2019)” we review our Relationship and Sex Education policy and curriculum. Schools are actively encouraged by the Department for Education to review their provision. A copy of the policy with the attached curriculum can be accessed on the BHA website: <https://www.bristnallhallacademy.ctrust.org.uk/our-academy/policies/>.

The policy and curriculum is subject to change and will be adapted to meet statutory guidelines and contextualised where appropriate.

We are keen to hear your views and opinions as we continuously shape and review our curriculum; as part of this, during welcome evening events there will be the opportunity to hear about and see some of our lessons. We will also be discussing our plans via the Parent engagement forum led by Ian Jones (Assistant Principal).

We intend for our curriculum to reflect the needs of our students and to support them to make happy, healthy, safe and informed decisions. In support of safeguarding the young people within our academy, the PSHE Spring term programme will be based around protective behaviours and has been developed with the support of Children’s Services. These subjects will always be taught in a sensitive, age appropriate and timely manner ensuring students have access to accurate information and which allows them to develop their own ideas and beliefs whilst keeping themselves and others safe. As part of this, students will always be encouraged to discuss topics with a trusted adult.

Protected characteristics as defined in the Equality Act 2010 (including LGBT) education runs through the programme and supports the BHA inclusive community where we promote acceptance, kindness and respect.

The PSHE programme and updated policy for the new academic year will be updated and available to view on the BHA website.

Parents will continue to have the right to withdraw their child from non-statutory sex education up until three terms before the child turns 16. Requests to withdraw children from statutory aspects of RSE are unlawful and will not be granted. This includes relationship and health education (including puberty) and curriculum taught as part of the Science national curriculum. Please make an appointment with a member of the pastoral team in the first instance or the Principal who will discuss any concerns you may have around this programme.

