

# Physical Education Curriculum

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 7 Girls	Indoor lessons Table Tennis (LG)/ Trampolining (SG)  Outdoor Lessons Football/ Tag Rugby	Indoor Lessons Table Tennis (LG) / Netball (MUGA) Trampolining (SG)  Outdoor Lessons Tag rugby/ Football	Indoor Lesso Basketball (LG)/ Trampolining (SG)  Outdoor Lessons Tchoukball/ Flag Football	Indoor Lesson Fitness (SG) & Basketball/ Netball (MUGA)  Outdoor Lessons Tchoukball/ Flag Football	Indoor Lesson Multi-games (SG) & Pickleball (MUGA)  Outdoor Lessons Cricket/ Rounders & Athletics	Indoor Lesson Multi-games (SG) & Pickleball (MUGA)  Outdoor Lessons Cricket/ Rounders & Athletics
Year 7 Boys	Indoor lessons Table Tennis (LG)/ Trampolining (SG)  Outdoor Lessons Football	Indoor Lessons Table Tennis (LG) / Netball (MUGA) Trampolining (SG)  Outdoor Lessons Tag rugby	Indoor Lesso Basketball (LG)/ Trampolining (SG)  Outdoor Lessons Tchoukball/ Flag Football	Indoor Lesson 1 Fitness (SG) & Basketball/ Netball (MUGA)  Outdoor Lessons Tchoukball/ Flag Football	Indoor Lesson Multi-games (SG) & Pickleball (MUGA)  Outdoor Lessons Cricket/ Rounders & Athletics	Indoor Lesson Multi-games (SG) & Pickleball (MUGA)  Outdoor Lessons Cricket/ Rounders & Athletics
Year 8 Girls	Indoor lessons Table Tennis (LG)/ Trampolining (SG)  Outdoor Lessons Football/ Tag Rugby	Indoor Lessons Table Tennis (LG) / Netball (MUGA) Trampolining (SG)  Outdoor Lessons Tag rugby/ Football	Indoor Lesso Basketball (LG)/ Trampolining (SG)  Outdoor Lessons Tchoukball/ Flag Football	Indoor Lesson Fitness (SG) & Basketball/ Netball (MUGA)  Outdoor Lessons Tchoukball/ Flag Football	Indoor Lesson Multi-games (SG) & Pickleball (MUGA)  Outdoor Lessons Cricket/ Rounders & Athletics	Indoor Lesson Multi-games (SG) & Pickleball (MUGA)  Outdoor Lessons Cricket/ Rounders & Athletics
Year 8 Boys	Indoor lessons Table Tennis (LG)/ Trampolining (SG)	Indoor Lessons Table Tennis (LG) / Netball (MUGA)	Indoor Lesso Basketball (LG)/ Trampolining (SG)	Indoor Lesson Fitness (SG) & Basketball/ Netball (MUGA)	Indoor Lesson Multi-games (SG) & Pickleball (MUGA)	Indoor Lesson

	Outdoor Lessons Football	Trampolining (SG)  Outdoor Lessons Tag rugby	Outdoor Lessons Tchoukball/ Flag Football	Outdoor Lessons Tchoukball/ Flag Football	Outdoor Lessons Cricket/ Rounders & Athletics	Multi-games (SG) & Pickleball (MUGA)  Outdoor Lessons Cricket/ Rounders & Athletics
Year 9 Girls	Indoor lessons Table Tennis (LG)/ Trampolining (SG)  Outdoor Lessons Football/ Tag Rugby	Indoor Lessons Table Tennis (LG) / Netball (MUGA) Trampolining (SG)  Outdoor Lessons Tag rugby/ Football	Indoor Lesso Basketball (LG)/ Trampolining (SG)  Outdoor Lessons Tchoukball/ Flag Football	Indoor Lesson Fitness (SG) & Basketball/ Netball (MUGA)  Outdoor Lessons Tchoukball/ Flag Football	Indoor Lesson Multi-games (SG) & Pickleball (MUGA)  Outdoor Lessons Cricket/ Rounders & Athletics	Indoor Lesson Multi-games (SG) & Pickleball (MUGA)  Outdoor Lessons Cricket/ Rounders & Athletics
Year 9 Boys	Indoor lessons Table Tennis (LG)/ Trampolining (SG)  Outdoor Lessons Football	Indoor Lessons Table Tennis (LG) / Netball (MUGA) Trampolining (SG)  Outdoor Lessons Tag rugby	Indoor Lesso Basketball (LG)/ Trampolining (SG)  Outdoor Lessons Tchoukball/ Flag Football	Indoor Lesson Fitness (SG) & Basketball/ Netball (MUGA)  Outdoor Lessons Tchoukball/ Flag Football	Indoor Lesson Multi-games (SG) & Pickleball (MUGA)  Outdoor Lessons Cricket/ Rounders & Athletics	Indoor Lesson Multi-games (SG) & Pickleball (MUGA)  Outdoor Lessons Cricket/ Rounders & Athletics
Year 10	Core PE- Table Tennis (LG)/ Trampolining (SG)  Basketball (MUGA)  Outdoor Lessons Cricket/ rounders Football	Core PE- Table Tennis (LG)/ Trampolining (SG)  Basketball/ Netball (MUGA)  Outdoor Lessons Football Tag Rugby	Indoor Lesso Basketball (LG)/ Trampolining (SG)  Outdoor Lessons Tchoukball/ Flag Football	Indoor Lesson Dodgeball (SG) & Basketball/ Netball (MUGA)  Outdoor Lessons Tchoukball/ Flag Football	Indoor Lesson Multi-games (SG) & Pickleball (MUGA)  Outdoor Lessons Cricket/ Rounders/ Softball & Athletics	Indoor Lesson Multi-games (SG) & Pickleball (MUGA)  Outdoor Lessons Cricket/ Rounders/ Softball & Athletics

	OCR Sport Qualification- R185 Performance and Leadership in Sports Activities	OCR Sport Qualification- R185 Performance and Leadership in Sports Activities	OCR Sport Qualification- R185 Performance and Leadership in Sports Activities	OCR Sport Qualification- R185 Performance and Leadership in Sports Activities	OCR Sport Qualification- R186 Sport and the Media	OCR Sport Qualification- R186 Sport and the Media
Year 11	<p>Core PE- Table Tennis (LG)/ Trampolining (SG) Basketball (MUGA)</p> <p>Outdoor Lessons Cricket/ rounders Football</p> <p>OCR Sport Qualification- R185 Performance and Leadership in Sports Activities</p>	<p>Core PE- Table Tennis (LG)/ Trampolining (SG) Basketball/ Netball (MUGA)</p> <p>Outdoor Lessons Football Tag Rugby</p> <p>OCR Sport Qualification- R185 Performance and Leadership in Sports Activities</p>	<p>Indoor Lesso Basketball (LG)/ Trampolining (SG)</p> <p>Outdoor Lessons Tchoukball/ Flag Football</p> <p>OCR Sport Qualification- R184 Contemporary Issues (exam Unit)</p>	<p>Indoor Lesson Dodgeball (SG) &amp; Basketball/ Netball (MUGA)</p> <p>Outdoor Lessons Tchoukball/ Flag Football</p> <p>OCR Sport Qualification- R184 Contemporary Issues (exam Unit)</p>	<p>Indoor Lesson Multi-games (SG) &amp; Pickleball (MUGA)</p> <p>Outdoor Lessons Cricket/ Rounders/ Softball &amp; Athletics</p> <p>OCR Sport Qualification- R184 Contemporary Issues (exam Unit)</p>	