Physical Education Curriculum

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 7 Girls	Indoor lessons	Indoor Lessons	Indoor Lesso	Indoor Lesson	Indoor Lesson	Indoor Lesson
	Table Tennis (LG)/	Table Tennis (LG) / Netball	Basketball (LG)/	Fitness (SG) & Basketball/	Multi-games (SG) &	Multi-games (SG)
	Trampolining (SG)	(MUGA)	Trampolining (SG)	Netball (MUGA)	Pickleball (MUGA)	& Pickleball
		Trampolining (SG)				(MUGA)
					Outdoor Lessons	
	Outdoor Lessons	Outdoor Lessons	Outdoor Lessons	Outdoor Lessons	Cricket/ Rounders	Outdoor Lessons
	Football/ Tag Rugby	Tag rugby/ Football	Tchoukball/ Flag	Tchoukball/ Flag Football	& Athletics	Cricket/ Rounders
			Football			& Athletics
Year 7 Boys	Indoor lessons	Indoor Lessons	Indoor Lesso	Indoor Lesson 1	Indoor Lesson	Indoor Lesson
real 7 boys	Table Tennis (LG)/	Table Tennis (LG) / Netball	Basketball (LG)/	Fitness (SG) & Basketball/	Multi-games (SG) &	Multi-games (SG)
	Trampolining (SG)	(MUGA)	Trampolining (SG)	Netball (MUGA)	Pickleball (MUGA)	& Pickleball
		Trampolining (SG)		Treesan (meer,	Tromesan (IVIO G/1)	(MUGA)
		i i i i i i i i i i i i i i i i i i i			Outdoor Lessons	(
	Outdoor Lessons	Outdoor Lessons	Outdoor Lessons	Outdoor Lessons	Cricket/ Rounders	Outdoor Lessons
	Football	Tag rugby	Tchoukball/ Flag	Tchoukball/ Flag Football	& Athletics	Cricket/ Rounders
		3 3 7	Football	, 5		& Athletics
Year 8 Girls	Indoor lessons	Indoor Lessons	Indoor Lesso	Indoor Lesson	Indoor Lesson	Indoor Lesson
	Table Tennis (LG)/	Table Tennis (LG) / Netball	Basketball (LG)/	Fitness (SG) & Basketball/	Multi-games (SG) &	Multi-games (SG)
	Trampolining (SG)	(MUGA)	Trampolining (SG)	Netball (MUGA)	Pickleball (MUGA)	& Pickleball
		Trampolining (SG)				(MUGA)
					Outdoor Lessons	
	Outdoor Lessons	Outdoor Lessons	Outdoor Lessons	Outdoor Lessons	Cricket/ Rounders	Outdoor Lessons
	Football/ Tag Rugby	Tag rugby/ Football	Tchoukball/ Flag	Tchoukball/ Flag Football	& Athletics	Cricket/ Rounders
			Football			& Athletics
Year 8 Boys	Indoor lessons	Indoor Lessons	Indoor Lesso	Indoor Lesson	Indoor Lesson	Indoor Lesson
·	Table Tennis (LG)/	Table Tennis (LG) / Netball	Basketball (LG)/	Fitness (SG) & Basketball/	Multi-games (SG) &	
	Trampolining (SG)	(MUGA)	Trampolining (SG)	Netball (MUGA)	Pickleball (MUGA)	

	Outdoor Lessons Football	Trampolining (SG) Outdoor Lessons Tag rugby	Outdoor Lessons Tchoukball/ Flag Football	Outdoor Lessons Tchoukball/ Flag Football	Outdoor Lessons Cricket/ Rounders & Athletics	Multi-games (SG) & Pickleball (MUGA) Outdoor Lessons Cricket/ Rounders & Athletics
Year 9 Girls	Indoor lessons Table Tennis (LG)/ Trampolining (SG)	Indoor Lessons Table Tennis (LG) / Netball (MUGA) Trampolining (SG) Outdoor Lessons	Indoor Lesso Basketball (LG)/ Trampolining (SG) Outdoor Lessons	Indoor Lesson Fitness (SG) & Basketball/ Netball (MUGA) Outdoor Lessons	Indoor Lesson Multi-games (SG) & Pickleball (MUGA) Outdoor Lessons Cricket/ Rounders	Indoor Lesson Multi-games (SG) & Pickleball (MUGA) Outdoor Lessons
	Outdoor Lessons Football/ Tag Rugby	Tag rugby/ Football	Tchoukball/ Flag Football	Tchoukball/ Flag Football	& Athletics	Cricket/ Rounders & Athletics
Year 9 Boys	Indoor lessons Table Tennis (LG)/ Trampolining (SG)	Indoor Lessons Table Tennis (LG) / Netball (MUGA) Trampolining (SG)	Indoor Lesso Basketball (LG)/ Trampolining (SG)	Indoor Lesson Fitness (SG) & Basketball/ Netball (MUGA)	Indoor Lesson Multi-games (SG) & Pickleball (MUGA) Outdoor Lessons	Indoor Lesson Multi-games (SG) & Pickleball (MUGA)
	Outdoor Lessons Football	Outdoor Lessons Tag rugby	Outdoor Lessons Tchoukball/ Flag Football	Outdoor Lessons Tchoukball/ Flag Football	Cricket/ Rounders & Athletics	Outdoor Lessons Cricket/ Rounders & Athletics
Year 10	Core PE- Table Tennis (LG)/ Trampolining (SG) Basketball (MUGA)	Core PE- Table Tennis (LG)/ Trampolining (SG) Basketball/ Netball (MUGA)	Indoor Lesso Basketball (LG)/ Trampolining (SG)	Indoor Lesson Dodgeball (SG) & Basketball/ Netball (MUGA)	Indoor Lesson Multi-games (SG) & Pickleball (MUGA) Outdoor Lessons Cricket/ Rounders/	Indoor Lesson Multi-games (SG) & Pickleball (MUGA) Outdoor Lessons
	Outdoor Lessons Cricket/ rounders Football	Outdoor Lessons Football Tag Rugby	Outdoor Lessons Tchoukball/ Flag Football	Outdoor Lessons Tchoukball/ Flag Football	Softball & Athletics	Cricket/ Rounders/ Softball & Athletics

	OCR Sport Qualification- R185 Performance and Leadership in Sports Activities	OCR Sport Qualification- R186 Sport and the Media	OCR Sport Qualification- R186 Sport and the Media			
Year 11	Core PE- Table Tennis (LG)/ Trampolining (SG) Basketball (MUGA)	Core PE- Table Tennis (LG)/ Trampolining (SG) Basketball/ Netball (MUGA)	Indoor Lesso Basketball (LG)/ Trampolining (SG)	Indoor Lesson Dodgeball (SG) & Basketball/ Netball (MUGA)	Indoor Lesson Multi-games (SG) & Pickleball (MUGA)	
	Outdoor Lessons Cricket/ rounders Football	Outdoor Lessons Football Tag Rugby	Outdoor Lessons Tchoukball/ Flag Football	Outdoor Lessons Tchoukball/ Flag Football	Outdoor Lessons Cricket/ Rounders/ Softball & Athletics	
	OCR Sport Qualification- R185 Performance and Leadership in Sports Activities	OCR Sport Qualification- R185 Performance and Leadership in Sports Activities	OCR Sport Qualification- R184 Contemporary Issues (exam Unit)	OCR Sport Qualification- R184 Contemporary Issues (exam Unit)	OCR Sport Qualification- R184 Contemporary Issues (exam Unit)	