

Physical Education Curriculum

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 7 Girls	Indoor lessons Netball (MUGA)/ Trampolining (SG) Outdoor Lessons Striking& Fielding/ Emerging Sports	Indoor Lessons Basketball (LG) / Handball (MUGA) Outdoor Lessons Football	Indoor Lessons Trampolining (SG) / Table Tennis (LG) Outdoor Lessons Tag Rugby	Indoor Lessons Fitness (SG) / Handball/ Netball (MUGA) Outdoor Lessons Invasion Games	Indoor Lessons Multi-games (SG)/ Pickleball (MUGA) Outdoor Lessons Striking & Fielding	Indoor Lessons Multi-games (SG)/ Pickleball (MUGA) Outdoor Lessons Athletics
Year 7 Boys	Indoor lessons Netball (MUGA)/ Trampolining (SG) Outdoor Lessons Striking& Fielding/ Emerging Sports	Indoor Lessons Basketball (LG) / Handball (MUGA) Outdoor Lessons Football	Indoor Lessons Trampolining (SG) / Table Tennis (LG) Outdoor Lessons Tag Rugby	Indoor Lessons Fitness (SG) / Handball/ Netball (MUGA) Outdoor Lessons Invasion Games	Indoor Lessons Multi-games (SG)/ Pickleball (MUGA) Outdoor Lessons Striking & Fielding	Indoor Lessons Multi-games (SG)/ Pickleball (MUGA) Outdoor Lessons Athletics
Year 8 Girls	Indoor lessons Netball (MUGA)/ Trampolining (SG) Outdoor Lessons Striking& Fielding/ Emerging Sports	Indoor Lessons Basketball (LG) / Handball (MUGA) Outdoor Lessons Football	Indoor Lessons Trampolining (SG) / Table Tennis (LG) Outdoor Lessons Tag Rugby	Indoor Lessons Fitness (SG) / Handball/ Netball (MUGA) Outdoor Lessons Invasion Games	Indoor Lessons Multi-games (SG)/ Pickleball (MUGA) Outdoor Lessons Striking & Fielding	Indoor Lessons Multi-games (SG)/ Pickleball (MUGA) Outdoor Lessons Athletics
Year 8 Boys	Indoor lessons Netball (MUGA)/ Trampolining (SG) Outdoor Lessons	Indoor Lessons Basketball (LG) / Handball (MUGA) Outdoor Lessons Football	Indoor Lessons Trampolining (SG) / Table Tennis (LG) Outdoor Lessons Tag Rugby	Indoor Lessons Fitness (SG) / Handball/ Netball (MUGA) Outdoor Lessons Invasion Games	Indoor Lessons Multi-games (SG)/ Pickleball (MUGA) Outdoor Lessons	Indoor Lessons Multi-games (SG)/ Pickleball (MUGA) Outdoor Lessons Athletics

	Striking& Fielding/ Emerging Sports				Striking & Fielding	
Year 9 Girls	Indoor lessons Netball (MUGA)/ Trampolining (SG) Outdoor Lessons Striking& Fielding/ Emerging Sports	Indoor Lessons Basketball (LG) / Handball (MUGA) Outdoor Lessons Football	Indoor Lessons Trampolining (SG) / Table Tennis (LG) Outdoor Lessons Tag Rugby	Indoor Lessons Fitness (SG) / Handball/ Netball (MUGA) Outdoor Lessons Invasion Games	Indoor Lessons Multi-games (SG)/ Pickleball (MUGA) Outdoor Lessons Striking & Fielding	Indoor Lessons Multi-games (SG)/ Pickleball (MUGA) Outdoor Lessons Athletics
Year 9 Boys	Indoor lessons Netball (MUGA)/ Trampolining (SG) Outdoor Lessons Striking& Fielding/ Emerging Sports	Indoor Lessons Basketball (LG) / Handball (MUGA) Outdoor Lessons Football	Indoor Lessons Trampolining (SG) / Table Tennis (LG) Outdoor Lessons Tag Rugby	Indoor Lessons Fitness (SG) / Handball/ Netball (MUGA) Outdoor Lessons Invasion Games	Indoor Lessons Multi-games (SG)/ Pickleball (MUGA) Outdoor Lessons Striking & Fielding	Indoor Lessons Multi-games (SG)/ Pickleball (MUGA) Outdoor Lessons Athletics
Year 10	Core PE- Indoor lessons Netball (MUGA)/ Basketball (LG)/ Trampolining (SG) Outdoor Lessons Striking& Fielding/ Emerging Sports OCR Sport Qualification- Performance and R185 Leadership in Sports Activities	Core PE-Indoor Lessons Netball, Handball (MUGA)/ Basketball (LG)/ Multi- games (SG) Outdoor Lessons Football OCR Sport Qualification- Performance and R185 Leadership in Sports Activities	Core PE- Indoor Lessons Table Tennis (LG)/ Trampolining (SG) Outdoor Lessons Tag Rugby OCR Sport Qualification- Performance and R185 Leadership in Sports Activities	Core PE- Indoor Lessons Fitness (SG)/ Basketball (LG) Outdoor Lessons Invasion games OCR Sport Qualification- Performance and R185 Leadership in Sports Activities	Core PE- Indoor Multi-games (SG)/ Pickleball (MUGA) Outdoor Lessons Striking & Fielding OCR Sport Qualification- Performance and R185 Leadership in Sports Activities	Core PE- Indoor Multi-games (SG)/ Pickleball (MUGA) Outdoor Lessons Athletics OCR Sport Qualification- R186 Media in Sport

<p>Year 11</p>	<p>Core PE- Indoor lessons Netball (MUGA)/ Basketball (LG)/ Trampolining (SG)</p> <p>Outdoor Lessons Striking& Fielding/ Emerging Sports</p> <p>OCR Sport Qualification- R053 Leadership in Sport Unit RO51 Exam Unit</p>	<p>Core PE-Indoor Lessons Netball, Handball (MUGA)/ Basketball (LG)/ Multi- games (SG)</p> <p>Outdoor Lessons Football</p> <p>OCR Sport Qualification- RO51 Exam Unit</p>	<p>Core PE- Indoor Lessons Table Tennis (LG)/ Trampolining (SG)</p> <p>Outdoor Lessons Tag Rugby</p> <p>OCR Sport Qualification- R053 Sports Leadership</p>	<p>Core PE- Indoor Lessons Fitness (SG)/ Basketball (LG)</p> <p>Outdoor Lessons Invasion games</p> <p>OCR Sport Qualification- R053 Sports Leadership</p>	<p>Core PE- Indoor Multi-games (SG)/ Pickleball (MUGA)</p> <p>Outdoor Lessons Striking & Fielding</p> <p>OCR Sport Qualification- R053 Sports Leadership</p>	
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