

OCR CAMBRIDGE NATIONAL Level 1/2 IN HEALTH AND SOCIAL CARE

CONTENT OF COURSE:

This is a modular course, consisting of three units and is designed to give a broad introduction to health and social care practice and provision. It is valuable as an introduction to a wide range of careers and to further study. This includes an exam and two coursework units.

R032: Principles of care in health and social care settings.

This unit is assessed by an exam. In this unit you will learn about the importance of the rights of service users, person-centred values and how to apply them. You will also learn about the importance of effective communication skills when providing care and support for service users in health and social care settings and the procedures and measures used to protect individuals such as safeguarding, hygiene and security.

R033: Supporting individuals through life events

In this unit you will learn about life stages and the factors that affect them. You will understand expected and unexpected life events and the impact they will have on physical, social/emotional and socio-economic aspects in an individual's life. You will research the service providers and practitioners that can support individuals, recommend support and justify how this will meet the needs of a specific individual.

R034: Creative and therapeutic activities

In this unit you will learn about a range of creative activities and therapies that are available in health and social care settings and understand the physical, intellectual, emotional and social benefits of these. You will learn how to plan and deliver a creative activity with an individual or group and evaluate your planning and delivery.

ASSESSMENT AND EXAMINATION REQUIREMENTS:

Ro32 – External examination – worth 40% of overall grade

Ro34 –Controlled Assessment – worth 30% of overall grade

Ro33 – Controlled Assessment – worth 30% of overall grade