

# NSPCC



I... I haven't talked to anyone about this. Not sure if I'm making a big deal calling you now, but he wasn't always like this. Maybe it's how kids are today. I just don't want him caught up in something serious and doing something really stupid. I feel like I don't even know my own son anymore. Does any of this make sense to you?

## Talk to us before a feeling becomes a problem.

**If you're worried about a child, we're here for you.**  
Call us anonymously for free, 24/7 on 0808 800 5000  
or email [help@nspcc.org.uk](mailto:help@nspcc.org.uk)

EVERY CHILDHOOD IS WORTH FIGHTING FOR